

HOW TO USE YOUR



Back Cushion with Hot/Cold Pack

Item Number: 2665-R



ATTACHES EASILY

ADDS COMFORT
WHILE SEATED

INSTRUCTIONS FOR YOUR BACK CUSHION WITH HOT/COLD PACK

- 1 Secure elastic band around the back of the chair and slide cushion down so that the protruding lumbar support is closest to the seat and facing toward the user. Removable cushion insert provides extra padding. Cushion insert and Hot/Cold Pack can be used in varying combinations:



With pack only



With cushion
insert only



Without pack or
cushion insert

- 2 Using the Hot/Cold Pack - HOT:
 - a. Use hot for muscle ache and muscle tension. Do not apply warm pack immediately after an injury or to areas of swelling or redness or areas which could be infected.
 - b. To heat pack: Boil or Microwave. Place pack in boiling water for up to 5 minutes, or microwave pack for 20 seconds, knead pack to distribute heat, then microwave for an additional 20 seconds (if required). **Be careful when removing pack as it will be hot! If too hot to touch, let pack cool slightly before using.** Knead to distribute heat.
- 3 Using the Hot/Cold Pack - COLD:
 - a. Use cold to relieve pain and reduce swelling caused by injuries such as bruises, sprains, acute inflammation and inflammatory rheumatic illness or after high exertion exercise as a precautionary measure.
 - b. Store in freezer for at least 2 hours before use.

WARNING: Hot/Cold Pack is intended for use inside of cushion only. Do not apply Hot/Cold Pack directly to the skin.

CARE INSTRUCTIONS FOR YOUR BACK CUSHION WITH HOT/COLD PACK

- 1** The cover can be easily removed and hand washed with cold water. AIR DRY only. To remove cover, unzip it and carefully pull it off of the foam core. Daily maintenance can be done easily using a moist sponge or towel.
- 2** To clean the foam core remove the cover and spot clean with soap and water using a moist cloth. After cleaning, allow the foam to dry completely before replacing the cover and using.

WARRANTY INFORMATION

NOVA stands firm on our commitment to providing the highest quality products, as well as exceptional service. This product was built to precise standards and thoroughly inspected prior to shipment. This warranty represents our confidence in the materials and workmanship of our product.

NOVA foam cushions are guaranteed to be free from manufacturing defects. NOVA will repair or replace the identified defect for a period of up to 6 months of use. In the unlikely event of a defect please call our customer service line listed below for instructions. Items not covered include normal wear and tear, foam or fabric discoloration, flattening, density variation, improper use, rental use, and neglect. Damage due to natural acts is not covered.

IMPORTANT WARNING

**READ THESE DIRECTIONS CAREFULLY BEFORE USE.
FAILURE TO DO SO MAY RESULT IN SERIOUS INJURY.**

- Be sure cushion is in place and secure before each use
- Hot/Cold Pack must be completely inside of cushion

Questions?
Please contact us at
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novamedicalproducts.com
Thank you for choosing NOVA!

CARE • QUALITY • INNOVATION



THE **NOVA** PROMISE

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